



# **Osteoporosis in Texas:**

*Successful planning to create partnerships  
and mobilize the community*

*Please join us for a one-day workshop to initiate a plan to decrease the rate of osteoporosis and the number of osteoporosis-related fractures in Texas.*

*The impact and cost of osteoporosis in Texas are great – 71,800 fractures and \$977 million in health care costs in the year 2000. In 2025 the annual cost will reach \$1.8 billion. The cost in pain and disability to people with osteoporosis and their families is incalculable.*

*Facilitator: Jan Christensen, MSW, JD, Michigan Department of Community Health. Michigan has developed an outstanding plan with effective interventions for public and provider education and partnerships to attack this complex disease that affects the lives of both men and women of all ages and races.*

***Date and Time: July 13, 2001  
10:00 a.m. – 2:30 p.m.***

***Location: Hilton Austin Airport Hotel  
9515 New Airport Drive  
Austin, Texas 78719  
512-385-6767***

*The Hilton Austin Airport Hotel is located in the former administration building and officers headquarters for Bergstrom Air Force Base – two miles east of Highway 183 and 71 at Austin Bergstrom International Airport. See directions to Hilton Austin Airport Hotel on accompanying page.*

***Osteoporosis: deadly, costly, preventable, treatable  
The plan: Targeted • Focused • Achievable • Motivational***

***For additional information, contact Elaine Braslow at 800-242-3399 or 512-458-7534***



## Agenda

- |            |  |
|------------|--|
| 10:00 a.m. | Welcome and Background.....Chennault<br>Bill N. Griffin, MD<br>Chair, Osteoporosis Advisory Committee<br>➤ Burden of osteoporosis on Texans<br>➤ Osteoporosis Advisory Committee   |
| 10:20 a.m. | Developing and Implementing an Osteoporosis<br>Strategic Plan.....Chennault<br>Jan Christensen, MSW, JD<br>Michigan Department of Community Health   |
| 11:30 a.m. | Step 1: Agree on Mission and End Products  |
| 11:45 a.m. | Step 2: Luncheon Discussions/Brainstorming<br><br>Open Discussion Approaches:<br>➤ Public Awareness and Education<br>➤ Health Care Provider Education<br>➤ Policies and Environmental Interventions<br>➤ Partnerships<br>➤ Data and Evaluation |
| 12:45 p.m. | Work Group Breakout Sessions<br><br>a. Children and Youth.....Goldenrod<br>b. Young Adult and Middle Age.....Lantana<br>c. Mature Adult.....Chennault  |
| 12:55 p.m. | Step 3: Work Groups Utilizing Nominal Group<br>Process Technique<br><br>10 minutes     Silent generation of ideas in writing   |

		➤ Individual group members write top two-four recommendations
15 minutes	"Round-Robin" recording of ideas	➤ Group members each give their top two recommendations, which are recorded on a flip chart
30 minutes	Discussion of ideas	➤ Realistic? Targeted? Important? Partners? Timely? Impact?
10 minutes	Prioritizing group's top four-five recommendations	
2:00 p.m.	Step 4: Reconvene Full Group.....Chennault	
	Group leaders report on the top four recommendations from their work group	
2:20 p.m.	Closing Comments/Next Steps	
2:30 p.m.	Adjournment	

*We appreciate your participation.*